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### **Penny for Your Thoughts**

You might have gotten more than you expected had someone said this phrase to you in 1787! That's when the U.S. Congress of the Confederation—which governed the emerging United States following the Revolutionary War—authorized its first penny: the Fugio cent. In addition to its monetary value, the copper coin also boasted some advice. "Mind Your Business," a proverb popularized by Benjamin Franklin, was engraved on the front, while the patriotic motto "We Are One" appeared on the back.

### **Memorable Melody: 'Bette Davis Eyes'**

This ode to one of Hollywood's most alluring leading ladies was first recorded in 1974 by Jackie DeShannon, who co-wrote the song with Donna Weiss. But fellow singer-songwriter Kim Carnes took the tune to the top of the charts in 1981 with her version, transforming the upbeat, bluesy number to a slower, synth-driven pop hit. Carnes' raspy voice was a match for the lyrics describing a glamorous, mesmerizing woman with eyes like the famous actress. The song was the biggest hit single of the year, spending several weeks at No. 1 on Billboard's Hot 100 chart and winning two Grammys. Thrilled with the song's success, Bette Davis wrote to Weiss, DeShannon and Carnes thanking them for making her "a part of modern times" and convincing her grandson that she had "finally made it"!



### **Laugh for Health**

Go ahead and engage in a funny, friendly prank on April Fools' Day. A good belly laugh has been proven to elevate mood, reduce pain and boost immunity.

## Meet Our Staff



Lisa Driskell

Lisa has been with Windsor Gardens for 4 months working in Dietary. She can be found creating a new creation within the kitchen, assisting in cooking, cleaning or watching a TV program with the residents and, of course, doing her favorite: calling Bingo in the afternoons. Lisa loves to interact with residents in any way possible and brings a smile to everyone's face. Her family is her pride and joy, especially her grandchildren. On her days off, she can be found with her grandchildren because they are the true sparkle of her eye. She tells stories all the time of how proud she is of each one and how lucky she is to be their grandmother. Lisa is a caregiver; she is passionate, kind, caring, loving and can light up any room she walks into. She can bring a smile to someone's darkest of days and provide a much-needed laugh. We are so thankful for her and all that she so selflessly gives to Windsor Gardens.



Stephanie Young

Stephanie has been with Windsor Gardens for almost 2 months. She is very experienced as a cook within dietary and puts her heart and soul into her work. She is a hard worker and very passionate about ensuring the residents are cared for with full bellies. Stephanie has a heart of gold. Not only does she cook and clean, in her downtime, playing games with residents, sitting on the porch on a warm day, watching TV or simple conversation are things she does without hesitation. How she has enough time in the day to give so much love in our community but then do the same at home with her family is beyond our understanding. She works all day without complaint and then attends each function her kids have and supports her husband daily. Always giving the speech of "we got this, don't give up," she is the cheerleader of all and the person in life we all so desperately need. We are so thankful to have her as part of our team and look forward to her future here in our community.